

Timbrook Public Safety Center
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TO: All Career Personnel
FROM: Allen Baldwin, Fire Chief
RE: Yearly Personnel Physicals
DATE: January 11, 2016

INFORMATIONAL BULLETIN IB-16002

The office staff is working to schedule personnel physicals for 2016. This year physicals will be scheduled during one of your scheduled shifts. Station coverage will be provided to maintain minimum staffing (if needed) while you are having the stress test and/or physical performed. Personnel need to be conscience of their scheduled physical date as making changes will only be considered for emergencies and any prior scheduled leave. Several items need to be kept in mind during your physical this year:

- The stress testing location has changed this year to Winchester Cardiology and Vascular Medicine, 190 Campus Blvd., Suite 201, Winchester, VA. Once you arrive proceed to the information desk and let them know of your stress test appointment.
- This procedure is to be billed to Occupational Health. You are **NOT** required to show your insurance card to anyone as the entire physical process will be billed to the City. If you do present your card then you may be responsible for any charges that are placed on your account. **DO NOT SHOW INSURANCE CARDS FOR ANY REASON!!!!**
- When you receive your physical packet, please read the contents and advise of any discrepancies well in advance of your scheduled date.

If there are any questions, please contact the office.