



**City of Winchester
Fire & Rescue Department
STANDARD OPERATING PROCEDURE**



Section:	Infectious Disease Control	SOP:	4.9
Subject:	Work Restriction Guidelines	Executed:	June 5, 2015
		Revised:	
Approved:			
 Allen W. Baldwin, Fire Chief			

WORK RESTRICTION GUIDELINES

**CDC Personnel Health
AJIC Volume 26 Number 3**

- 1. Conjunctivitis** – Restrict from patient contact and contact with the patients environment. Contagious until discharge ceases
- 2. Acute Diarrhea** – Restrict from patient contact, environment, or food handling until symptoms resolve
- 3. Diphtheria** – Exclude from duty until antimicrobial therapy completed and 2 negative cultures obtained 24 hours apart.
- 4. Viral Infections** – Restrict from care of infants, neonates, and immunocompromised patients and their environments until symptoms resolved and fever free for 24 hours
- 5. Hepatitis A** – Restrict from patient contact, environment and food handling. Contagious until 7 days after onset of jaundice.
- 6. Hepatitis B** – Chronic Hepatitis B personnel who perform exposure prone procedures. Do not perform exposure prone invasive procedures until counsel from an expert panel. This will recommend procedures that can be done. Contagious until hepatitis B e antigen is negative.
- 7. Hepatitis C** – No recommendation
- 8. Herpes Simplex** – Restrict from patient care until lesions heal.
- 9. HIV** – Do not perform exposure prone evasive procedures until counsel from an expert review panel. The workers specific skills and job description should be taken into consideration

- 10. Measles** - Active should exclude for duty until 7 days after the rash appears – Post exposure for susceptible personnel should be excluded from duty from 5th day after first exposure to 21st day after last exposure and/or 4 days after a rash appears.
- 11. Meningococcal Infections** – Exclude from duty until 24 hours after start of effective therapy
- 12. Mumps** – Active mumps should be excluded from duty until 9 days after the onset of parotitis. Post exposure for susceptible personnel should be excluded from duty from 12th day after first exposure through 26th day after last exposure or until 9 days after the onset of parotitis
- 13. Pertussis** – Active pertussis should be excluded from duty until 5 days after the start of effective antimicrobial therapy. Post exposure for susceptible personnel should be excluded from duty until 5 days after the start of effective antimicrobial therapy.
- 14. Rubella** – Active rubella shall be excluded from duty until 5 days after the rash appears. Post exposure to a susceptible person shall be excluded from duty from 7th day after first exposure to 21st day after last exposure
- 15. Scabies** – Restrict from contact with patients and environment and food handling. Until lesions have resolved and cleared by a medical evaluation.
- 16. Streptococcal Infection** – Restrict from patient care, contact with patient's environment and food handling. Exclude from duty until 24 hours after adequate treatment has started.
- 17. Tuberculosis** – Active TB shall be excluded from duty. This is until determined to be noninfectious. There is no restriction on a positive PPD.
- 18. Varicella** – Active varicella shall be excluded from duty until all lesions dry up and crust. Post exposure to susceptible personnel shall be excluded from duty from 10th day after first exposure to 21st day after last exposure
- 19. Zoster** – Restrict from patient contact until all lesions dry and crust
- 20. Febrile viral respiratory infections** – Consider excluding from the care of high risk patients or contact with environment during outbreaks of community RSV and influenza. Shall be excluded until acute symptoms resolve