

Rubella

Definition: An acute viral disease that causes fever and rash. Also called German measles

Transmission: Spread by contact with an infected person, through coughing and sneezing

Symptoms: Rash and fever for two to three days (mild disease in children and young adults)

Exposure: Contact with droplets and saliva from an infected patient

Precautions and PPE considerations: This is spread by droplets so gloves and a mask for the provider. Consider masking the patient. Also fully decon your unit and all surfaces that could have been touched

Treatments: Rubella vaccine (contained in MMR vaccine) can prevent this disease.

Work Guidelines: If active provider should be excluded from duty for up to seven days after the rash appears. If personal is not immunized he shall be excluded from duty for 7 days after the first exposure though 23 days after the last exposure.